

JICAMA, AVOCADO & GRAPEFRUIT SALAD

Easy Recipes



INGREDIENTS:

- 1 Jicama, chopped
- 1 Avocado, diced
- 2 grapefruits, peeled in wedges
- 2 Tbsp. Vinegar
- 1 Clove of garlic, thinly chopped
- 4 Tbsp. olive oil
- Salt & pepper

PREPARATION:

1. For the dressing mix the vinegar, olive oil, garlic, salt and pepper.
2. Mix the jicama and avocado with the grapefruit wedges in a bowl.
3. Mix salad with dressing and enjoy.

ALTERNATE OPTION

Add the original salad mix into a lettuce mix.